

The Polygon School

ASDAN LIFESKILLS long term planning 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Participating in board games Challenge reference: 3880 Making a hot drink Challenge ref: 1869 Health and safety in DT Challenge ref: 1018	Money management Challenge ref: 5429 Cooking with chocolate to make a range of seasonal treats Challenge ref: 4695 Part 1 E-Safety Challenge Ref 6800	Basic First Aid Challenge ref: 2253 Animal Care - Knowledge of Pets Challenge ref: 1319	Cooking with chocolate to make a range of seasonal treats Challenge ref: 4695 Using Minecraft construct a build of a famous building Challenge reference: 1691	Exploring the natural environment Challenge ref: 3585 Aboriginal-Style Art Designs Challenge reference: 4509	Basic woodworking skills Challenge reference: 2387 Making a mocktail Challenge ref: 3519
Year 8	Making a model Challenge ref: 2321	Working with money Challenge ref: 3113 WW 2 life on the home front: Evacuation and Rationing Challenge reference: 4473	Design and create a board game Challenge ref: 5196	Maintaining a push bike Challenge ref: 6108 Visit a museum Challenge ref: 1102	Cooking for myself and others Challenge ref: 4672 Photography and animation Challenge reference: 2252	Using and staying safe around electricity Challenge ref: 5522 Metal detecting Challenge ref: 6753
Year 9	Roman settlement in Britain Challenge ref: 1204 Doing own laundry Challenge ref: 1247	Cooking a healthy meal on a budget Challenge ref: 3788	Photography and animation Challenge ref: 2252	WW 1 Life for a British Soldier Challenge ref: 4984 Contrasting Countries. Challenge ref: 1106	Participate in gardening activities Challenge reference: 1047	Cars - conducting vehicle maintenance checks Challenge ref: 1367 Completing a bank account application Challenge ref: 3742